

Community Edition, update Autumn/ Winter 2010

## New YMCA Space opens in Hatfield



making space for life



From left to right, Space Development Manager **Christine Novelli**, and Hatfield Space Manager **Tracy Crowley** welcome their first visitor **Mary Kennedy**.

Forum, supporting young people to take a lead in the project."

The Hatfield centre has been nearly a year in the planning and received a major boost in June when the YMCA received £450,000 from the Big Lottery Fund to invest across Hatfield and Welwyn Garden City Space projects over the next three years. This has provided 2/3rds of the total cost of running Space across Welwyn Hatfield, leaving YMCA Central Herts needing to raise an additional £250,000. A big thank you to local councillors, community organisations and businesses who have also contributed to enable YMCA Space to be a high quality venue.

First to drop by was local resident, Margaret Kennedy, who received a warm welcome, and a chance to have rest and a cuppa.

*/// This is lovely! It feels like a home from home, so relaxed and friendly. It's just what the town centre needs! ///*

The doors are now open at YMCA Space Hatfield – the second Youth & Community Centre of its kind in the borough.

The ground floor of Queensway House (next door to the library) has been completely transformed to provide a brand new café area, activity room and information service. The newly appointed team is ready and waiting for you to come and say hello and tell us what you would like to see happening at YMCA Space – it is your Space to shape!

*/// Everyone is welcome at YMCA Space!*" says Centre Manager Tracy Crowley, "whether you are young or old, there will be something for you. YMCA Space is essentially a drop-in café during the day and a youth centre after school and in the evening, We want this space to reflect what the local community wants, so come in for a cup of tea and a chat, and tell us what you would like to see happen here. *///*

YMCA Space is a partnership between the YMCA and local churches in Hatfield and is described as "The Living Room on the High Street." A place where people can just pop in for a cup of coffee, chat, make friends, access information about local services or take part in more formal programmes such as computer training, or specific events such as a parent and toddler support group.

The pilot YMCA Space project in Welwyn Garden City has proved a real success, especially for young people. Space Hatfield lead youth worker Kelly Hockley says "I am confident that YMCA Space Hatfield will be just as successful – we've already had such a positive response from the community! To begin with the youth club will be open on Wednesdays from 3.30-5.30pm for 11-14 year olds, and from 6.30-8.30pm for 14-19 year olds, but will gradually increase the number of days, complementing other youth work in the area. There are opportunities to play music, games consoles, get involved in activities or just chill. We will be forming a Youth

For further information, or to find out about getting involved, please visit [www.ymcacentralherts.org.uk/spacehatfield](http://www.ymcacentralherts.org.uk/spacehatfield) or call 07904 955543.

### Current funding for YMCA Space Welwyn Garden City and Hatfield

**Big Lottery Fund** – Reaching Communities Grant £450,000

**Hertfordshire Works Partnership** – Town Vibrancy Fund £60,000

**Welwyn Hatfield Alliance** – Performance Reward Grant £75,000

Plus further donations from churches, trusts and businesses £3,500

**YMCA Central Herts is required to raise an additional £250,000 to cover total operating costs of YMCA Space Hatfield and Welwyn Garden City over the next three years.**

*"The Living Room on the High Street"*

# Foreword

As you will see from the stories inside this publication your YMCA has continued to open new centres so that we can serve even more people – I'm particularly excited about the opening of our new YMCA Space Youth & Community Centre in Hatfield town centre.

Following our last newsletter I was approached by a number of people who asked, "why does the YMCA do all of these things?". Well, the YMCA's vision is for 'a world where everyone is valued and achieves their potential' – so enabling people to develop is at the heart of all of our activities.

Why do we do this? We are driven by our Christian values which start with a belief in the good in all people. And so, as a YMCA we welcome and value everyone regardless of age, gender, ethnicity, religion (or none), and we approach our work with Caring, Tolerance, Forgiveness, Honesty and Integrity.

We aim to journey with everyone who uses our services through the 'ups and downs' of life – encouraging them to develop and realise their potential. I hope you will see this in action as you read the stories inside this magazine.

I'm sure you've heard about the idea of creating a 'Big Society' from the Government? Well, the YMCA has been helping to build stronger communities for many years – our Space Youth and Community centres are a great example of this.

Many people don't realise that the YMCA is a local charity and in addition to our funding from grants and contracts **we have to raise over £5,000 every week** and so we rely heavily on the generosity of our supporters and volunteers. **See page 7** to find out how you can support us.

I hope you enjoy reading this edition of YMCA News and that this inspires you to find out how you can get involved with your local YMCA.

Best wishes, **Robin Webb**,  
Chief Executive, YMCA Central Herts

## YMCA Youth Team continue to be out and about

Working with local Community Support Officers the YMCA Youth Team has been reworking its street-based youth programme in various town centre and park locations across the Welwyn and Hatfield area. As well as providing fun free activities such as football and rounders, YMCA youth workers have also been providing a listening and pastoral care service. This scheme is able to support specific issues such as binge drinking among the young people in Hertfordshire.

These projects are creating a platform for signposting young people to our new YMCA Space Community Centres in Welwyn Garden City and Hatfield. Read more about our Youth activities at [www.ymcacentralherts.org.uk/youth](http://www.ymcacentralherts.org.uk/youth)

## Youth Justice

Back in June, two residents and a support worker from YMCA Housing based in Peartree Lane, visited the United Nations in Geneva where they campaigned on Youth Justice issues. This follows the YMCA's involvement in last year's international campaign which resulted in a new UN Resolution A/HRC/10/L.15 on Youth Justice issues being passed.

“The Youth Justice in Action campaign brings together young people from different YMCAs to promote justice for young people – in society, in the media and the criminal justice system.”

said Heidi Rochford, Support Worker at YMCA Central Herts.

In Geneva the Youth Justice campaign included YMCA representatives from South Africa, Sierra Leone, Togo, Ireland, England, and countries in Central America. Each of those selected to represent their country either has direct experience of youth justice or felt passionate about campaigning on its behalf.

Representing the UK were Chris Barker and Dan-i-el Congo Ashanti. Dan-i-el said, "Being able to be part of making decisions at the UN was amazing. People work all their lives to have an opportunity like the one we've had – that's overwhelming."

The purpose of the trip was to report back to the UN on how the resolution made last year is being introduced into each country as well as continuing to raise awareness and ensure on-going support.



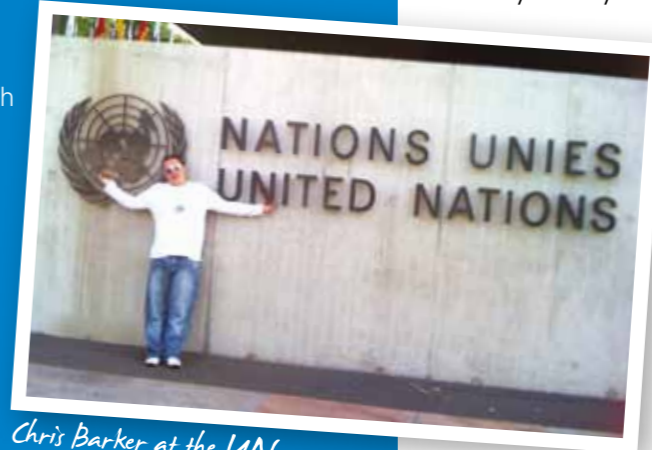
# Housing

“We were in Geneva for two weeks, and were supported by Y-Care International and the World Alliance of YMCAs who gave everyone training in parliamentary lobbying and debating techniques – this was to ensure that we represented our case and youth justice campaign in the best possible way.”

As a result of this we gave two speeches to the main council, one as part of a debate on the Secretary General's report into Juvenile Justice, and a second in the debate on the human rights of women.”

While in Geneva the group also hosted a parallel event which was chaired by the Austrian Government. At this the group were given the opportunity to share their individual experiences and offer solutions to upholding young people's rights on youth justice to representatives from their host nation. They also met with three separate offices of the UN on Education, Torture and Extra-judicial killings. The Youth Justice in Action campaign, is supported by Y-Care International.

Read more about the latest developments at [youthjusticeinaction.org](http://youthjusticeinaction.org)



Chris Barker at the UN

### In the last 6 months YMCA Housing has:

- Provided supported accommodation for up to 123 single homeless people from the local area every day
- Enabled 42 residents to successfully move onto independent accommodation
- We have worked with over 35 of our residents to help them obtain employment or training opportunities
- Supported 18 of our residents in addressing their alcohol or substance misuse issues

### It costs YMCA Central Herts:

- £32 to provide a bed and support for one night
- £560 per week to provide the specialist alcohol and substance abuse advice for some of our residents
- £1200 to put one resident through our Personal Development Programme



“the YMCA has been helping to build stronger communities for many years”



Residents line up for latest round trip

## New Residents Bike Club is wheely good!

Residents from YMCA Housing at Peartree Lane have taken up the challenge to develop a fit and healthy lifestyle.

Every week up to ten residents staying with YMCA Central Herts at Peartree Lane embark on a journey through Hertfordshire's enchanting countryside.

The group which consists of staff and residents have been organising weekly bike rides. As well as helping residents improve their fitness it is a great social occasion. It has also offered the opportunity for staff and residents to discuss any areas of concern in an informal setting.

“When the group originally started bikes were used as a means for residents to get to and from interviews.”

said support worker Julia Easton. “But such is the enthusiasm for the Club it has transformed into an organised group and plans are even being made for a more challenging ride to London and back!”

The Bike Club has received tremendous support from local charity supporters, such as John Lewis, who donated £100 towards the purchase of five new bikes and Marshalls who supplied the bikes at a discount price.

Whilst travelling around Hertfordshire, one resident, originally from London, said he was “amazed by the local countryside”, having lived all his life in a major city. Long may the Bike Club continue to inspire!



Waterside opens its doors to a flood of new visitors

## Fun at the first YMCA Children's Centre!

At the end of July the YMCA opened its doors to its first Sure Start Children's Centre, Waterside, at Rowans School which operates within the Panshangar and Haldens area of Welwyn Garden City.

The opening event included lots of activities for children and families aged 0-5 with a travelling petting zoo, balloon modelling, the Hertfordshire Fire Brigade, a bouncy castle, face painting, arts and crafts and lots more!

Opening the Waterside Centre, was Jane Pitman OBE, the Executive Member for Children's Services at Herts County Council. She remarked, "In the 50 or so Children's Centres I have had the privilege of opening I have never seen such a field full of exciting things." She later continued, "Hertfordshire now operates 82 Children's Centres, but the real challenge is to find families who don't come here, as Children's Centres really can be the catalyst for the whole community."

Waterside is the first of four Children's Centres to be opened by YMCA Central Herts who is acting as the Lead Agency.

Serreta Pritchard, Children's Service Manager at the YMCA said:

/// The YMCA is about building positive relationships, and enabling people to fulfill their potential. This is the aim behind all of our work. Children's Centres have a natural fit with the YMCA's mission, and they have a very important role to play in the communities which the YMCA Central Herts serves. ///

"The opening of our first permanent building is the fruition of lots of hard work by the YMCA building a new partnership with Herts County Council. We are also delighted to have been welcomed so warmly by Rowan's School and we are looking to developing this relationship over the coming months."

YMCA Central Herts also operates three further Children's Centres, Bramble Hill, Silver Birches and Great Wood, which will be moving into their permanent accommodation by the end of the 2010.



# Child & family services



### Open for business!

To celebrate the opening, pictured in line up (left to right): **Robin Webb**, Chief Executive YMCA Central Herts; **Bruce Judge**, YMCA Central Herts Director of Children and Family Services; **Jane Pitman OBE**, Executive Member for Children's Services at Herts County Council; **Serreta Pritchard**, Children's Services Manager YMCA Central Herts; **Teresa Skeggs**, Head Teacher at Rowans School; **Caroline Swindells**, Children's Centres Strategy Manager, Herts County Council; **Helen Ashdown**, Head of Childhood Support Services, Herts County Council; **Lucy Hammond**, Manager of Waterside Children's Centre; **Dave Hewitt**, Deputy Executive Member for Children's Services at Herts County Council.



Staff and children enjoy the activities at Waterside Children's Centre



## Volunteers help to make children smile

YMCA Central Herts works with many local companies and, although monetary donations are always welcome, companies can support the work of the YMCA in a variety of ways.

T-Mobile and Bounty are two Welwyn Hatfield companies who have recently offered their support through teams of volunteers.

Over the summer the YMCA Central Herts received the help of a working party from T-Mobile to help liven up the under 2's room at the YMCA Nursery at Countess Anne School, in Hatfield. The volunteers were particularly creative and artistic and decided to paint a large mural across one room. The team of 12 spent the day painting a fantastic Noah's Ark mural, complete with two of each animal from A-Z.

Just weeks afterwards, a group of 15 volunteers from Bounty, the Parenting Club in Broadwater Road, spent one of the hottest days of the year tidying the garden and repainting the wooden sandpit and ship (now renamed HMS Bounty!) at the YMCA Nursery at Peartree Lane, in Welwyn Garden City. They did a fantastic job and the staff and children were all extremely grateful for the team's hard work.

Bruce Judge Director, Child and Family Services had this to say:

/// We are so pleased to have the support of two local companies, Bounty and T-Mobile. Their planned renovations of the nursery garden and under 2's area will bring sunshine and brighter play facilities to our children all year round. Because of the support of these local companies the children's areas are now bright and colourful and benefit the children greatly. ///

Does your company want to get involved? Call the Fundraising Team on 01707 290717.



Volunteer working party from T-Mobile

## YMCA Childcare celebrates 20 years of success

YMCA Childcare has been trusted by families in the Welwyn Hatfield Community for over 20 years.

We understand that every child and family is different, so why not call us to discuss your needs? Whether you are looking to return to work, alternative child care arrangements, advice on how we can assist with your child's social interaction and development, or help in preparing for pre-school – we will offer the most suitable childcare arrangements for you.

As you would expect YMCA nurseries offer a safe, welcoming and nurturing environment for children aged three months to five years. We were one of the first nurseries to introduce flexible hours, which means that you can have the childcare

## YMCA Nurseries

- Open 8am – 6pm, 51 weeks per year
- Full time and part time hours are available
- For children aged 3 months – 5 years
- Free Childcare available for 3 and 4 year olds
- Caring homely environment
- Flexible sessions times are available to suit parents needs
- Childcare vouchers are always accepted
- All meals are freshly prepared on site
- Average of 72 children in YMCA nurseries every day
- Great spacious buildings
- Fantastic child friendly gardens

Trusted to serve the Welwyn Garden City and Hatfield communities for nearly 20 years



you need, within a nursery environment to support your commitments away from your family. Call our qualified, experienced and committed staff teams on:

**Peartree, Welwyn Garden City: 01707 351406**  
**Countess Anne, Hatfield: 01707 258333**

Childcare vouchers are always accepted!

## Children's Centres

- YMCA Central Herts is the lead agency for four Sure Start Children's Centres
- Sure Start Children's Centres offer access to information and services to children under 5 and their families
- Children's Centres help parents into employment and have links to Jobcentre Plus
- Services include parenting help, childcare options, specialist access, health visitors, baby massage, baby rhyme time and stay & play sessions and more!
- YMCA Children's Centres hold over 100 sessions and events each month
- YMCA Children's Centres serve over 700 different people each month
- Waterside Children's Centre serves the Panshangar and Haldens area of Welwyn Garden City. **01707 290714** [www.watersidechildrenscentre.org.uk](http://www.watersidechildrenscentre.org.uk)
- Great Wood Children's Centre serves the villages of Essendon, Brookmans Park, Cuffley and surrounding area. **01707 290719** [www.greatwoodchildrenscentre.org.uk](http://www.greatwoodchildrenscentre.org.uk)
- Silver Birches Children's Centre serves the north part of Ware and villages up to Standon. **01920 463949** [www.silverbircheschildrenscentre.org.uk](http://www.silverbircheschildrenscentre.org.uk)
- Bramble Hill Children's Centre serves Buntingford and the rural area surrounding. **01763 273008** [www.bramblehillchildrenscentre.org.uk](http://www.bramblehillchildrenscentre.org.uk)

## Youth & Community Team

During the last 6 months the YMCA Youth and Community Team has:

- Engaged with over 200 young people each week to provide them with positive activities in the Welwyn Garden City area
- Regularly seen over 300 visitors per week at YMCA Space our 'living room on the high street'
- Our Computer Suite at Peartree Lane offers up to 12 courses per week and is regularly used by our residents and the local community

It costs the YMCA Central Herts:

- £760 per week to open and operate the Computer Suite on Peartree Lane
- £1300 per week to provide youth work in each community location
- YMCA Space costs around £60,000 per annum to operate in each location



The YMCA Computer Suite is available and open to anyone wanting to improve and update their computer skills. It also offers job-skills and support for people who are looking to return to work. With new courses starting every four weeks visit [www.ymcacentralherts.org.uk/computing](http://www.ymcacentralherts.org.uk/computing) and find out what's available for you!

## Help turn trash into treasure for the YMCA!



The message is simple: Donate unwanted goods, Give to YMCA and support your community!

*The UK Government estimates that more than 1 million tonnes of clothes are thrown away every year and an average household has around three unused or discarded mobile phones hidden away in drawers.*

Please support our work by donating your unwanted goods.

We urgently need donations of good quality clothes and furniture for our Howard Centre and Church Road furniture stores from members of the local community.

To find out how to recycle your mobile phone or receive a bag for your clothes donations, or organise a collection of furniture, please call the Fundraising Team on 01707 290717 or e-mail [fundraising@ymcacentralherts.org.uk](mailto:fundraising@ymcacentralherts.org.uk)

# Support our work

## fundraising activities

As our need to raise further income and support for our work increases we are keen to make contact with local companies, individuals, community groups, pubs, clubs, churches, charitable trusts and other funding organisations. We would be happy to arrange a time to talk to you about all the exciting and invaluable work we are doing within the local community. So, if you would like to arrange this or request a fundraising pack, please give us a call on **01707 290717** – we'd love to hear from you!

We are planning a variety of fundraising activities over the coming weeks and months including a Christmas concert, our Sumo Steeplechase and a whole host of other things. Activities like this really work well when there are lots of people helping out so if you can volunteer your time for an hour or two please let us know!



## Get involved

Events coming up that we hope you will be interested in registering to take part in include:

- **14th November – Sumo Steeplechase** at Gosling Sports Centre

*Come and run 1km as a sumo wrestler on our fantastic indoor obstacle course – are you up for it?!*

- **25th November – Street Collection** in Welwyn Garden City. Christmas lights and late night shopping starts!

*Support our work at Christmas when the Christmas lights and late night shopping begins! Volunteer to help at the collection*

- **9th December – Christmas concert**, 'The Christmas Story' at Our Lady, Queen of Apostles

*Come along and enjoy the Christmas story retold through carols and readings*

- **29th/30th January 2011 – Sleep Easy** events in Welwyn Garden City, Hatfield and Stevenage. Details coming soon

*Last year 80 people slept rough so others don't have to: are you up for the challenge this year?*



**SLEEP EASY**  
YMCA  
Central Herts

For details of these or other ways you can help please contact the Fundraising Team on 01707 290717 or [fundraising@ymcacentralherts.org.uk](mailto:fundraising@ymcacentralherts.org.uk)

Donations can be made at [www.justgiving.com/chymca](http://www.justgiving.com/chymca) or by post at: Fundraising Dept, 2 Tewin Court, Tewin Road, Welwyn Garden City, Herts, AL7 1AU.

Alternatively become a friend of the YMCA by making a regular donation via Direct Debit. It is a simple cost effective way for you to be able to support our work on a regular basis. To do this complete and return the direct debit form on the back page of this Newsletter.

A huge thank you to everyone who has supported and helped YMCA Central Herts in our fundraising efforts over the past few months – we very much rely on the generosity of the community to help us deliver our services.

## We need you!

As we expand the services we offer in the Welwyn Hatfield Community we increasingly rely on the support and generosity of our volunteers to ensure our work is a success.

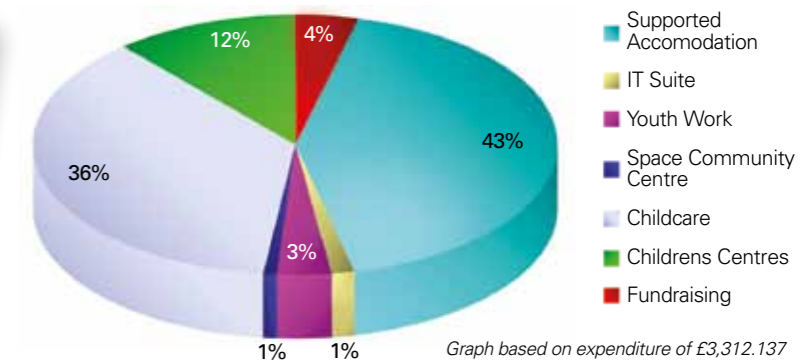
We are so grateful for our existing team of volunteers, partner organisations and churches who already offer their time to support us – but with new projects such as our new YMCA Space centre in Hatfield, we are always on the lookout for more.

Whether you are able to volunteer regularly through one of our community programmes, or whether you are able to help out at a fundraising event, we would love to hear from anyone who would like to be involved in the YMCA. Because our work at the YMCA is varied so are our volunteering opportunities!

To find out about how you can get involved please call the **Fundraising Team** on 01707 290717 or visit [www.ymcacentralherts.org.uk/volunteering](http://www.ymcacentralherts.org.uk/volunteering)

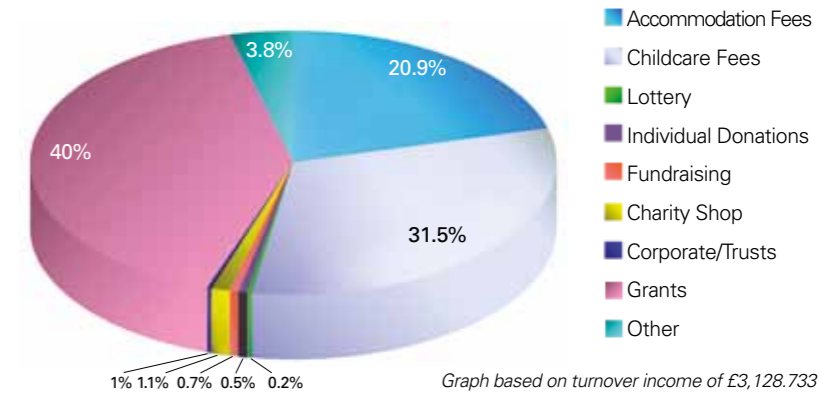
*“Volunteer your time for an hour or two!”*

## How we spend your money to deliver our services



There is a shortfall from which YMCA Central Herts needs to **raise £5,000 every week** to continue to deliver and expand our services across the local community.

## How we were funded 2009/10



# YMCA Central Herts - Reaching new heights!

**Sean Nicolson**, is a man up for a challenge! This October he will be climbing Mount Kilimanjaro to raise money for YMCA Space in Welwyn Garden City. Having grown up in Welwyn Garden City he knows first hand about some of the issues young people in the town face. He hopes to inspire other young people who attend YMCA Space to follow their dreams and make a difference. Sean said,

**YMCA Space is a great place! I wish it was here when I was a teenager. I decided I wanted to support a local charity which I could see real benefits from, especially for our young people. It's really important that YMCA Space continues so that other people can be helped too.**

Back in July Sean visited YMCA Space to speak with the young people about his trip – and they were so inspired they have invited him back to share his experiences when he returns.

Sean is aiming to raise over £3,000, which is a challenge in itself, but he is a very determined young man. To sponsor Sean please visit his JustGiving page at [www.justgiving.com/sean-nicolson](http://www.justgiving.com/sean-nicolson) or pop into YMCA Space with a donation envelope or add to Sean's collection tin.

*Sean Nicolson is raising funds for YMCA Space by taking on a personal challenge*



Are you up for a challenge like Sean? If you would like to find out how you can help raise funds for YMCA Central Herts please contact the Fundraising Team on 01707 290717 visit [www.ymcacentralherts.org.uk/fundraising](http://www.ymcacentralherts.org.uk/fundraising)



Registered Charity No. 1065875

Please fill in the whole form using a ball point pen and send it to: **YMCA Central Herts, 2 Tewin Court, Welwyn Garden City, Herts, AL7 1AU.**

I would like to make a regular donation to YMCA Central Herts.

Title: \_\_\_\_\_ First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Tel: \_\_\_\_\_ Email: \_\_\_\_\_

I wish to pay YMCA Central Herts the sum of £ \_\_\_\_ monthly £ \_\_\_\_ quarterly £ \_\_\_\_ annually

Please debit the above amount from my account on or around the (tick as appropriate)

1st  or 15th  of (month/year) \_\_\_\_\_

### Instruction to your Bank/Building Society to pay by Direct Debit:



Name and full postal address of your bank or building society

To: The Manager \_\_\_\_\_ (name of Bank/Building Society)

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Service User number

2 4 7 2 6 2

Reference

\_\_\_\_\_

Name(s) of Account Holder(s): \_\_\_\_\_

Branch Sort Code

\_\_\_\_\_

Bank/Building Society Account No.

\_\_\_\_\_

Signature(s): \_\_\_\_\_

Date: \_\_\_\_\_

Banks and building societies many not accept Direct Debit Instructions for some types of account.

**Instruction to your bank/building society:** Please pay YMCA Central Herts Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with YMCA Central Herts and, if so, details will be passed electronically to my bank/building society.



(tick box) Yes, I want YMCA Central Herts to treat all donations I have made for the six years prior to this year; and all donations I make from the date of this declaration until I notify you otherwise, as gift aid donations. I confirm I pay an amount of income tax and/or capital gains tax at least equal to the tax that the charity will reclaim on my donations in the tax year. Date: \_\_/\_\_/\_\_ (please complete)

YMCA Central Herts values your support. We would like to keep you up to date with information about our fundraising appeals and our charitable work. Please tick here if you would prefer us not to contact you by post.

Data Protection: YMCA Central Herts values your support and promises to respect your privacy. We will not disclose, or share your personal information supplied by you, with any third party organisations without your consent. We maintain the highest levels of security so you can rest assured that we take the privacy and security of your personal details very seriously.

Registered Charity No. 1065875. VAT No. 197554710 [www.ymcacentralherts.org.uk](http://www.ymcacentralherts.org.uk)

### The Direct Debit Guarantee

This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits

- If there are any changes to the amount, date or frequency of your Direct Debit YMCA Central Herts will notify you 5 working days in advance of your account being debited or as otherwise agreed.
- If you request YMCA Central Herts to collect a payment, confirmation of the amount and date will be given to you at the time of the request. If an error is made in the payment of your Direct Debit by YMCA Central Herts or your bank or building society you are entitled to a full and immediate refund of the amount paid from your bank or building society—if you receive a refund you are not entitled to, you must pay it back when YMCA Central Herts asks you to.
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.



By giving regularly to the YMCA you will enable us to plan for our work and carry out projects safe in the knowledge that funding is secure. Income from regular supporters is essential for YMCA Central Herts. Whatever you can afford to give, rest assured that your money will help us continue to support and transform lives in your local community.

Alternatively you can arrange this online at [www.ymcacentralherts.org.uk/becomearegulargiver](http://www.ymcacentralherts.org.uk/becomearegulargiver)

Out of concern for the environment this brochure is printed on paper made using 50% recycled fibre and 50% FSC certified pulp (sourced from well managed forests).

Become a regular giver